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| **English** | **Samoan** |
| Hello | Talofa lava |
| Please | Fa’amolemole |
| Thank you | Fa’afetai |
| Be quiet(Listen to me) | ‘Aua le pisa(faalogo mai ia te aʻu) |
| Get out your books  | Aumai i fafo au api  |
| Sit down | Nofo i lalo |
| Put your bag down | Tu’u i lalo lau ‘ato |
| Remove the iPod | ‘Ave ese le iPod |
| Goodbye | Tofa (formal)(Fa – informal) |
| Start work | Amata loa le galuega |
| Happy Birthday | Manuia lou aso fanau |
| Great job! | Manaia le galuega  |
| Keep it up | Taumafai pea |
| You’re doing well | O loo e faia foi |
| I’m proud of you | Ou te mitamita ia te oe |

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| **English** | **Samoan** |
| MondayTuesday WednesdayThursdayFridaySaturdaySunday | Aso gafuaAso luaAso luluAso tofiAso faraileAso to’ona’iAso sā |
| JanuaryFebruaryMarchAprilMayJuneJulyAugustSeptemberOctoberNovemberDecember | IanuariFepuariMati‘AperilaMēIuneIulai‘AokusoSētema‘OketopaNōvemaTesemā |
| **English** | **Samoan** |
| 1 234 567891012202430311002000 2025 | TasiLuaToluFaLimaOnoFituValuIvaSefuluSefulu ma le luaLuasefuluLua sefulu faTolu sefuluTolu sefulu tasiTasi selauE lua afe E lua afe luasefulu lima |